



REPUBLIC OF THE PHILIPPINES

PHILIPPINE CONSULATE GENERAL

LOS ANGELES, CALIFORNIA



ADVISORY 19 ON THE 2019 NOVEL CORONAVIRUS DISEASE (COVID-19)

COVID-19 cases in Southern California, Southern Nevada, and Arizona
(as of 07 April 2020)

- **Southern California** has **11,758** COVID-19 cases with **274** deaths.
- **Southern Nevada** has **1,734** COVID-19 cases with **54** deaths.
- **State of Arizona** has **2,575** COVID-19 cases with **73** deaths.

The Philippine Consulate General in Los Angeles informs Filipinos and Filipino-Americans in Southern California, Southern Nevada and Arizona that the **Philippine Government has extended the Enhanced Community Quarantine in Luzon through 30 April 2020.**

Existing COVID-19 travel restrictions imposed by the **Philippine Government and U.S. Government** remain in place and may be accessed through the following links:

Philippine Consulate General in Los Angeles

<https://www.philippineconsulatela.org/advisory-on-the-2019-novel-corona-virus;>

Philippine Bureau of Immigration

<http://immigration.gov.ph/>

U.S. CDC: <https://www.cdc.gov/coronavirus/2019-ncov/travelers/index.html>

U.S. State Department:

<https://travel.state.gov/content/travel/en/traveladvisories/COVID-19-Country-Specific-Information.html>

Arizona residents and those who intend to travel to Arizona must take note of the **14-day Self-Quarantine Order** mandated for travelers flying into the state and coming from areas with substantial community spread. The order goes into effect on 09 April 2020. A copy of the Order may be obtained from:

<https://azgovernor.gov/sites/default/files/eo-2020-24.pdf>.

Filipinos and Filipino-Americans in Southern California, Southern Nevada and Arizona are strongly encouraged to continue abiding by the following social distancing measures currently in place at your respective states;

- 1. Stay-at-home policy except for essential business;**
- 2. Avoid communal gatherings;**
- 3. Wear a mask or cloth to cover your face when leaving your homes; and**
- 4. Observe 6-foot social distancing in public places.**

Below are some new helpful tips for California residents:

- **“California Surgeon General’s Playbook: Stress Relief during COVID-19”**, which suggests stress-busting strategies. The “Playbook” may be downloaded through this link: https://covid19.ca.gov/img/wp/california-surgeon-general_stress-busting-playbook_draft-v2clean_ada-04072020.pdf.
- **“Orange County’s Family Pandemic Plan”**, for families who rely on caregivers. The plan should prepare families in the event that their caregiver is diagnosed with COVID-19. The family plan template may be accessed through: http://readyoc.com/pdfs/FamilyEmergencyPlane_Engspan.pdf.

County-specific information on COVID-19, including new measures, can be found in the links below:

Southern California:

Los Angeles County

<http://www.publichealth.lacounty.gov/media/Coronavirus/>

Imperial County

<http://www.icphd.org/health-information-and-resources/healthy-facts/covid-19>

Kern County

<https://kernpublichealth.com/2019-novel-coronavirus/>

Orange County
<https://occcovid19.ochealthinfo.com/coronavirus-in-oc>
Riverside County
<https://rivcoph.org/coronavirus>
Santa Barbara County
<https://publichealthsb.org>
San Bernardino County
<http://wp.sbcounty.gov/dph/coronavirus/>
San Diego County
https://www.sandiegocounty.gov/content/sdc/hhsa/programs/phs/community_epidemiology/dc/2019-nCoV/status.html
San Luis Obispo County
<https://www.emergencyslo.org/en/positive-case-details.aspx>
Ventura County
<https://www.vcemergency.com>

Southern Nevada

Clark County
<http://www.nyecounty.net>
Lincoln County
<https://lincolncountynv.org/departments/public-health/>
Nye County
<https://www.nyecounty.net/99/Health-Human-Services>

State of Arizona

Apache County
<https://www.co.apache.az.us/health/>
Cochise County
<https://www.cochise.az.gov/health-and-social-services/home>
Coconino County
<https://www.coconino.az.gov/221/Health>
Gila County
<https://www.gilacountyaz.gov>
Graham County
<https://www.graham.az.gov/health-department/>
Greenlee County
<https://www.co.greenlee.az.us/departments/health-county-services/>
La Paz County
<https://www.lpchd.com>
Maricopa County
<https://www.maricopa.gov/5302/Public-Health>
Mohave County
<https://www.mohavecounty.us/ContentPage.aspx?id=127>
Navajo County
<https://www.navajocountyaz.gov/Departments/Public-Health-Services>
Pima County
https://webcms.pima.gov/government/health_department/
Pinal County
<https://www.pinalcountyaz.gov/PUBLICHEALTH/Pages/home.aspx>
Santa Cruz County
<https://www.santacruzcountyaz.gov/148/Health-Services>
Yavapai County
<http://www.yavapai.us/chs>
Yuma County
<https://www.yumacountyaz.gov/government/health-district>

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