The Philippine Consulate General in Los Angeles advises all Filipinos and Filipino-Americans in Southern California, Arizona and Southern Nevada to keep abreast of the following critical developments:

**Spike in CoViD-19 Numbers**
The States of California, Arizona and Nevada have recently reported a spike in CoViD-19 infection rate, positivity rate, number of hospitalization and number of patients in the I.C.U.

The public is strongly advised to strictly maintain protocols on curbing community transmission of CoViD-19, including wearing of facial covering, observing physical distancing, staying at home for non-essential business and avoiding congregation in confined spaces with people from different household.

**New Symptoms of CoViD-19**
The Centers for Disease Control and Prevention has added three new symptoms of coronavirus such as congestion or runny nose, nausea or vomiting and diarrhea.

**Quarantine Rules for Travelers from the States of California, Arizona and Nevada**
The Governors of New York, New Jersey and Connecticut jointly announced today their expanded quarantine protocols to include travelers coming from California, Arizona and Nevada, among others. Beginning 30 June 2020, travelers from California, Arizona and Nevada will have to undergo a 14-day self-quarantine period upon arrival in said northeast tri-state area.

**For Tourists and Filipinos Returning to the Philippines:**

Guidelines on the “new normal” in select sectors in the Philippines can be accessed at the links below:
- Restaurants in the PHL: [https://bit.ly/2CWHSV0](https://bit.ly/2CWHSV0)


For emergencies, Filipinos may contact the following numbers at +1 (213) 268-9990, +1 (213) 269-7852 and +1 (213) 587-0758. END.